

Hartcliffe, Withywood and Bishopsworth



Photo courtesy of HWCP Archive

**Find out about
activities and
services that
are available in
your
community.**

**All activities in
this booklet are
over 50s
friendly.**

What's on for over 50s

Issue 1 – 2019/20

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Monday

Activity	Venue	When	Cost	Contact
Art for All	@symes Building	Weekly / 9.30am - 12pm	Small cost	0117 903 8044
Coffee Stop	Headley Park Church	Weekly / 10.30am - 12pm	Call for details	0117 329 4930
Hartcliffe and Withywood Older Peoples Forum	@symes Building	3 rd of the month / 2pm - 4pm	Free	0117 903 8044 (please call CATT Bus on 0117 377 3451 if you need transport)
Knit and Natter	Bishopsworth Library	Weekly / 2pm	Free	0117 903 8566
OAP & Disabilities Club	Hartcliffe Community Centre	Weekly / 11.30am - 3.30pm	Call for details	0117 964 0037
Reading Group	Bishopsworth Library	Last of the month / 4pm - 5pm	Free	Call prior to attending – 0117 903 8566
Silver Surfers (IT learning)	The Gatehouse Centre	Mon & Tues / Call for details	£5	0117 978 1708

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Tuesday

Activity	Venue	When	Cost	Contact
Breakfast Club	The Hive @ The Gatehouse Centre	Weekly / 10am - 11am	£1	0117 964 7228
Coffee Morning	St Andrews Church	Weekly / 10am - 11.30am	Free	Rev. Derek Maddox on 0117 978 4010
Community Meal (donation welcome)	Methodist Church Hall	Weekly / 5pm - 7pm	Free	@Symes reception on 0117 903 8044
Cooking for Health	No 10. The People's Kitchen	Weekly / 1pm - 3pm	£2	Booking essential – 0117 946 5285
Craft, Coffee and a Chat	The Hive @ The Gatehouse Centre	Weekly / 11am - 12pm	£1 Inc. hot drink	0117 964 7228
Hartcliffe Ladies Craft Group	The Withywood Centre	Weekly / 9.30am - 11.30am	£5	0117 987 8400
Over 50s Club – Bingo (members only)	Bishopsworth Royal British Legion Club	Weekly / 2pm - 3.30pm	Call for details	0117 964 2622
Sequence Dancing	Bishopsworth Royal British Legion Club	Weekly / 7.30pm - 10.30pm	£3	Alan Whitfield on 01275 394740

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Activity	Venue	When	Cost	Contact
Silver Surfers (IT learning)	The Gatehouse Centre	Mon & Tues / Call for details	£5	0117 978 1708
Tuesday Club (women only)	St Andrews Church	Weekly / 2pm - 3.30pm	Free	Rev. Derek Maddox on 0117 978 4010
Withywood Bingo	The Withywood Centre	Weekly / 7.15pm - 10pm	£4	0117 987 8400

Wednesday

Activity	Venue	When	Cost	Contact
Community Choir	The Withywood Centre	Weekly / 7pm - 9pm	Free	0117 987 8400
Healing Gardening Group	The Roundhouse	Weekly / 10am – 1pm	Free	0117 946 5285
Just Sing	The Withywood Centre	1 st of the month / 10.30am - 12pm	£2	0117 987 8400
Local History Drop-in Morning	Zion Bristol	3 rd of the month / 10.30am - 12pm	Free	0117 923 1212
Memories Café	Zion Bristol	1 st of the month / 10.30am - 12pm	Free	0117 923 1212

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Activity	Venue	When	Cost	Contact
Over 50s Lunch Club	No 10. The People's Kitchen	Call for dates / 10am - 2pm	£2	Booking essential – 0117 946 5285
Positive Minds Drop-in Coffee Morning	@symes Building	Monthly / 10.30am - 12.30pm	Call for details	Positive Minds on 0117 964 4670
Reminiscence Group	Bishopsworth Library	4 th of the month / 11am	Free	0117 903 8566
Sequence Dancing	Bishopsworth Royal British Legion Club	Weekly / 7.30pm – 10.30pm	£3	Dave Stephens on 01275 835790
Strollers	Walks start at various locations	Weekly / 10am	Free	Jason on 0117 946 5285
Tea and Talk	Hartcliffe Library	Call for dates / 11am - 12.30pm	Free	0117 903 8044

Thursday

Activity	Venue	When	Cost	Contact
30 Minute Meals	No 10. The People's Kitchen	Weekly / 10am - 12pm	£2	Booking essential – 0117 964 5285
55+ Lunch and Golden Age Club	Hartcliffe Community Centre	Weekly / 11am - 2pm	Small cost	0117 964 0037

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Activity	Venue	When	Cost	Contact
Basic Gardening Group	Molesworth Allotment	Weekly / 10am - 1pm	Free	Booking essential – 0117 946 5285
Royal British Legion Women's Section (members only)	Bishopsworth Royal British Legion Club	3 rd of the month / 8pm	Call for details	Sue on 07954 413 535
Bring Your Own Craft & Chat	The Hive @ The Gatehouse Centre	Weekly / 12pm – 1pm	50p for a hot drink	Just turn up
Golden Zumba (waiting list only)	Bishopsworth Royal British Legion Club	Weekly / 7.30pm - 8.30pm	£3	Graham on 0797 282 0517 (call or text after 6pm only)
Hartcliffe Carers Group	The Hive @ The Gatehouse Centre	1 st of the month / 10am - 12pm	Free	0117 958 9982
Needles Knitting Group	@symes Building	Weekly / 10am - 12.30pm	Free	@symes reception on 0117 903 8044
Over 55s Club – Bingo (members only)	Bishopsworth Royal British Legion Club	Weekly / 2pm - 3.30pm	Call for details	0117 964 2622

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Activity	Venue	When	Cost	Contact
Sequence Dancing	The Withywood Centre	Weekly / 2pm - 4pm	£2	0117 987 8400

Friday

Activity	Venue	When	Cost	Contact
Good Companion Club	Hartcliffe Community Centre	Weekly / from 11.30am	Small cost	0117 964 0037
Looking at Pictures	The Hive @ The Gatehouse Centre	Weekly / 12.15pm - 1.15pm	50p & 50p for hot drink	0117 964 7228
Making Change Happen (led by disabled & older residents)	The Gatehouse Cafe	4 th of the month / 10.30am - 12.30pm	Free	Mike on 0117 914 0528
Short Mat Bowls (Over 55s)	The Withywood Centre	Weekly / 2pm - 4pm	£3	0117 987 8400
Social Growing Group	Meet at lane next to 89 Molesworth Drive, BS13 9BJ	Weekly / 10am - 1pm	£1 Inc. cuppa and biscuit	0117 946 5285
Tai Chi (Chen Style) (two classes_	The Withywood Centre	Weekly / 10am - 11am & 11am - 12pm	£5	0117 987 8400

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Saturday

Activity	Venue	When	Cost	Contact
Men @ HPC Breakfast (full English followed by a talk)	Headley Park Church	Call for details	£3	0117 329 4930
Sequence Dancing	Bishopsworth Royal British Legion Club	Weekly / 7.30pm – 10.30pm	£3	Dave Stephens on 01275 835790

Sunday

Activity	Venue	When	Cost	Contact
Live Entertainment (varying acts)	Hartcliffe Community Centre	Weekly / 8pm - 11pm	Cost varies	0117 964 0037

Local churches are open on Sunday and are welcome to everyone.

Various days

Activity	Venue	When	Cost	Contact
Hartcliffe Community Farm	Open every day from 9am – 4pm. Free for everyone to enjoy.			0117 978 2014
HHEAG's Events	Workshops, markets, fun days and community events.			www.hheag.org.uk/whats-on

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Activity	Venue	When	Cost	Contact
HWV @ The Gatehouse Centre	A variety of courses for you to enjoy. From personal development to IT Skills for Work and Life.			0117 978 1708
The Amblers	A friendly group who meet monthly and enjoy a range of interesting walks. Call for details. www.hheag.org.uk/whats-on/			Jason on 0117 946 5285
Workshops for the Over 65s	A series of workshops at the Creative Workspace including creating a community quilt, collage pictures and greeting cards.			0117 964 6799
Zion Bristol Events Programme	Zion Bristol host regular events as part of their programme, including cultural, arts and creative. www.zionbristol.co.uk			info@zionbristol.co.uk

This brochure has been put together by Hartcliffe and Withywood Older People's Forum, with the support of LinkAge Network and Bristol Ageing Better.

Hartcliffe and Withywood Older People's Forum is group of people over 50 who meet once a month for chat & cup of tea, discuss the local area and sometimes have people come in and give talks. We also go on trips such gardens, exhibitions and meals out. For more information call @symes Building on 0117 903 044, reception@hwcp.org.uk.

**Activity details are correct at the time of print.
Please contact activities prior to attending.**

Useful information

Local sports facilities

- **Hengrove Park Leisure Centre** - Hengrove Promenade, BS14 0DE. Tel no. 0117 937 0200 / www.leisurecentre.com/hengrove-park-leisure-centre
- **Merchants Academy Sports and Fitness Centre** – Molesworth Drive, BS13 9BJ. Tel no. 0117 301 5006

Community transport

- **Bristol Community Transport** - Tel no. 0117 902 0157 or email bctoffice@hctgroup.org
- **CATT Bus** - Tel no. 0117 377 3451 or email thecattbus@hwcp.org.uk

Community spaces

- **Hartcliffe Community Farm** - Lampton Avenue, BS13 0QH. Tel no. 0117 978 2014
- **Molesworth Allotment** (volunteers welcome) - Withywood, BS13 9BJ. Tel no. 0117 946 5285
- **Severn Vale Bowls Club** – Vicarage Road, BS13 8ES
- **The Hive, The Gatehouse Centre** (local information, healthy food and activities) - Tel no. 0117 964 7228 or email info@hheag.org.uk
- **The Roundhouse** (activities and events) – Bouchier Gardens Allotment Site, next to 119 Crosscombe Drive, BS13 0DA. Tel no. 0117 946 5285

Cycling organisations

- **Family Cycling Centre** - Bamfield, BS14 0FE. Tel no. 01275 832800 or email cyclingcentre@bristol.gov.uk
- **Life Cycle UK** - Tel no. 0117 353 4580 or email office@lifecycleuk.org.uk

Cafes

- **Café Joy (pop up café)** - cafejoybristol@gmail.com
- **Mega Bytes Café** - Queens Road, BS13 8QA
- **Oasis Coffee Shop** - Lampton Avenue, BS13 0PT
- **The Gatehouse Café** - Hareclive Road, BS13 9JN
- **Zion Centre Café** - Bishopsworth Road, BS13 7JW

Health and wellbeing

- **Hartcliffe and Withywood Thrive Group** (a group for those interested in health and wellbeing, and who want to meet likeminded people and learn new things) - Tel no. 0117 903 8044
- **HHEAG Smoke Free Hartcliffe** (expert help, friendly support, treatments to help beat cravings and a personal quit plan) - Tel no. to book an appointment 0117 946 5285
- **Positive Minds** (support and advice to help adults improve their wellbeing and reduce mental and emotional stress) - Tel no. 0117 964 4670 or email helen.gunson@hheag.org.uk
- **South Bristol Advice Centre, based at Withywood Centre** (free debt and benefit advice) - Tel no. 0117 985 1122 or email admin@southbristoladvice.org.uk

Activity venues

- **Bishopsworth Library** - Bishopsworth Road, BS13 7LN / 0117 903 8566
- **Bishopsworth Royal British Legion Club** – Manor Road, BS13 8EP / 0117 964 2622
- **Creative Workspace** – Queens Road, BS13 8LG
- **Hartcliffe Community Centre** - Hareclive Road, BS13 0JW / 0117 964 0037, email info@hartcliffecommunitycentre.co.uk
- **Hartcliffe Library** - based @symes Building / 0117 903 8568
- **Hartcliffe Methodist Church** - Mowcroft Road, BS13 0LT
- **Headley Park Church** - St Peter's Rise, BS13 7LZ / <http://www.headleyparkchurch.org.uk/>
- **HHEAG (Hartcliffe Health & Environment Action Group)** - based at The Gatehouse Centre / 0117 946 5285, email office@hheag.org.uk
- **Molesworth Allotment** - 89 Molesworth Drive, BS13 9BJ
- **River of Life Church** - Lampton Avenue, BS13 0PT / 0117 964 4506
- **St Andrew's Church** - Peterson Square, BS13 0EE / Rev Derek on 0117 978 4010
- **@symes Building** - Peterson Avenue, BS13 0BE / 0117 903 8044, email reception@hwcp.org.uk
- **The Gatehouse Centre (home to No 10. The People's Kitchen and The Hive)** - Hareclive Road, BS13 9JN / 0117 978 1800, email gatehousecentre@yahoo.co.uk
- **Withywood Centre** - Queens Road, BS13 8QA / 0117 987 8400, email reception@withywoodcentre.com
- **Zion Bristol** - Bishopsworth Road, BS13 7JW / 0117 923 1212, email info@zionbristol.co.uk

Do you have an activity that you would like us to include or maybe some information needs updating? Please get in touch with Hartcliffe and Withywood Older People's Forum on 0117 903 044, reception@hwcp.org.uk.