



St Monica Trust

- Do you live in Hartcliffe or Withywood?
- Are you aged 65 years+?
- Would you like to get out of the house and involved in fun local activities?

... Then the **ACE Neighbours** project could be just the thing!



"I don't have any anxiety about joining in... now that has made a difference!"

"As a volunteer I have had a positive impact in the community, made a difference to others... and had fun!"

We will match you with a volunteer of a similar age who will help you decide what you want to do and accompany you on the first few visits.

**ACE**  
Neighbours

**If you would like to take part or get involved as a volunteer please contact us for a full information pack:**

**email: [catherine.robinson@stmonicastrust.org.uk](mailto:catherine.robinson@stmonicastrust.org.uk)  
call or text: 07817 632 963**

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**LinkAge**  
involve inspire enjoy





St Monica Trust

**Sometimes, all people  
need is a bit of a boost!**

**Are you aged 60+ and retired?  
Would you like to make a difference  
to your neighbours?**

**Then why not become an ACE  
volunteer!**

## **Volunteer Opportunity**

The ACE  
Neighbours project  
is looking for  
enthusiastic older  
volunteers who can



commit a few hours per month to support older adults to get  
out more and get involved in activities in Hartcliffe/Withywood.

You will be volunteering with other older adults who are  
mobile and don't need physical help to get out and about.

No experience is needed as full training is provided by the  
University of Bath and support will be given throughout. Your  
own transport is not required and volunteer expenses will be  
paid.

**To find out more please contact Catherine on:  
07817 632 963  
[catherine.robinson@stmonicastrust.org.uk](mailto:catherine.robinson@stmonicastrust.org.uk)**